



**2011-2012 Women's Artistic Provincial Qualifying Competition**  
**January 28/29, 2012**  
**Milton Springers Gymnastics Club**

**CALL TO MEET**

- Competition Site:** Milton Springers Gymnastics Club  
Milton Sports Centre  
605 Santa Maria Blvd. Unit 1  
Milton, ON  
L9T 6J5  
905-878-5030
- Meet Director:** Nicole O'Donnell  
nicole.odonnell@sympatico.ca
- Regulations:** As per the Gymnastics Ontario 2011-2012  
Technical Rules and Regulations Manual
- Warm Up Format:** Option D
- Music:** All CD's must be clearly labeled with the athlete name, level,  
age category and club. **No Cassettes will be accepted!**
- Protests:** \$30 Per Protest  
Forms are submitted to the Competition Chief Judge (CCJ)  
within 15 minutes of the completion of the rotation.  
Protests will be permitted for Start Value only.
- Refunds:** If an athlete who is registered in the Provincial Qualifying  
system does not participate in any of the open qualifiers during  
the entire competitive season, their club must submit a written  
request to the Women's Program Manager no later than 2  
weeks after the last qualifier to receive a refund.
- Withdrawal/ Level Changes:** Withdrawals are to be communicated directly to the host club  
and the club must notify the Women's Program Manager no  
later than 3 days prior to the competition for the change to be  
applied to the athlete draws.

Any clubs requesting level changes must submit a written request to the Women's Program Manager at [wag@ogf.com](mailto:wag@ogf.com). Level changes must be submitted to the Women's Program Manager a minimum of 3 weeks prior to the qualifier.

**Coaches Certification:**

Coaches must be fully certified NCCP Level 2 Women's Artistic and have up to date Risk Management certification (Part A: Risk Management & Part B: Respect in Sport) to be eligible for the competition floor.

Please note that as of September 1st, 2011 all coaches attending competition must present their valid Coach Photo ID to gain access to competitive and warm – up area. No access will be given to coaches without an updated Coach Photo ID. In case of a lost, stolen or forgotten ID, coaches will be required to sign form number CP001 stating a minimum level 2 certification for verification. The host club registration desk will have this form available. For replacement Ids contact Education Coordinator to discuss options of acquiring a replacement ID or an exemption.

**Medical:**

Coaches are responsible for ensuring that they have the GO Participant Consent and Medical Data Record forms for all participating gymnasts in their possession at the competition.

**Gymnastics Ontario sanctioned events are NOT guaranteed to be Peanut/Tree Nut Free events.** Attendees are asked not to bring peanuts, peanut products, or products containing traces of peanuts or tree nuts into the gymnasiums/venue and/or change rooms where participants are present. Host clubs have been asked to refrain from serving/selling items with peanuts, peanut products, or products containing traces of peanuts or tree nuts at this event. Gymnastics Ontario asks for your assistance in supporting an inclusive environment for all participants.

**Accommodation Information:**

Holiday Inn Express Milton  
Best Western Milton Inn

[Click here for more information or to book hotel](#)

### Admission Fees:

	<b>1 Day</b>	<b>2 Days</b>
Adult (16 years of age and older)	\$8	\$14
Student (11 to 15 years of age)	\$5	\$8
Senior (55 years of age and older)	\$5	\$8
Child (10 years of age or younger)	\$3	\$5
Family (2 Adults and 2 Students/Children)	\$20	\$35

\*\*All Athletes competing in the Open Qualifier are not required to pay an admission fee throughout the weekend.

**Awards:** For Events and All Around (1<sup>st</sup> to 3<sup>rd</sup> Medals, 4 to 8<sup>th</sup> Ribbons).  
No Bumping of places for ties.

**Gymnastics Ontario**                      **Audra Sederavicius**  
**Liaison:**                                      Women's Artistic Program Manager  
    (416) 426-7169

#### **Directions to Competition Site:**

##### **From Toronto:**

Travel West on Highway 401 to exit 324 (James Snow Parkway). Take James Snow Parkway South (left), go through the lights at Main St. and continue down to Derry Rd.(about 3-4 min) Go West (right) on Derry Rd.; pass through the next major intersections of Thompson Rd. and Ontario St. S. You will see the Milton Sports Centre coming up on the left hand side. This light is Santa Maria Blvd (Note: It is Commercial St. to the right) Turn left onto Santa Maria Blvd. Park in the front parking lot and come in the front doors of the building. The gymnastics centre will be on your right.

##### **From Windsor:**

Travel East on Highway 401 to exit 320 (Hwy 25). Take Hwy 25 South (right). Continue through the lights at Steeles Ave, You are now on Martin St. Continue down to the end (Main St.) Go East (left) on Main St. to the very next set of lights (Commercial St.) Turn right and go all the way to the next set of lights (through several stop signs). This will be Derry Rd. Immediately across the road Commercial turns into Santa Maria Blvd. We are located inside the Milton Sports Centre (immediately on your left). Park in the front parking lot and come in the front doors of the building. The gymnastics centre will be on your right.

##### **From Burlington/Niagara:**

Travel East on the QEW to Bronte Rd. (Hwy 25) exit. Take Hwy 25 North about 15 km into Milton. The first set of lights in Milton is Derry Rd. Turn left (West) and travel to the next set of lights (Santa Monica Blvd). Turn left on Santa Monica Blvd. We are located inside the Milton Sports Centre (immediately on your left). (Note: It is Commercial St. to the right) Turn left onto Santa Maria Blvd. Park in the front parking lot and come in the front doors of the building. The gymnastics centre will be on your right.

